



**Nadim M. Zacca, M.D., F.A.C.C., P.A.**  
 CARDIOVASCULAR DISEASE

**ADULT MEDICAL HISTORY INFORMATION**

Name:		Date:		OFFICE USE
Sex:	DOB:	Age:	HT:	Updates – Date – Initial
Birth				
Known Drug Allergies:				
Current Medication:				
Date last Pap Smear:		Date last Mammogram:		ADVANCE DIRECTIVE
Date last Physical:		Previous Doctor:		Date:
Number of Pregnancies:		Date last Tetanus:		Copy in Chart:
<b>Surgeries:</b>			<b>Please mark with appropriate Initial(s)</b> <b>Mother (M) Father (F)</b> <b>Brother (B) Sister (S)</b> <b>Maternal Grand Mother/father MGM, MGF</b> <b>Paternal Grandmother/father PGM, PGF</b>	
Do you have or have you ever had chronic Problems with:		Last Cholesterol Test:		
		YES/NO	If Y Explain	
				<b>FAMILY HISTORY</b>
Eyes				Cancer:
Ears				Breast:
Headaches				Prostate:
Nose				Other:
Throats				Heart Diseases:
Breathing				Heart Attack:
Heart				High Blood Pressure:
Chest				Strokes:
Lungs				Blood Diseases:
Stomach				Diabetes:
Food Digestion				Seizures:
Intestines				Mental Illness:
Rectum				Asthma:
Constipation				HIV:
Diarrhea				Osteoporosis:
Kidneys				<b>Please mention anything else you would like your doctor to know so he may best help you.</b>
Urination				
Ovaries				
Uterus				
Cervix				
Menstruation				
Blood Disorders				
Bladder				
Immune Deficiency				

Disorders			
Testicles/Penis			
Sexuality Transmitted Diseases			
Skin			
Legs - Arms			
Depression			
Emotional Illness/Problems			
Sleep Problems			
Personal/ Work Stress			
<b>Do You Do any of the following</b>			
Smoke:	# of cigarettes/day:	Age Started smoking:	
Drink Alcohol:	# Drinks/ Day:	Week:	
Use Other Drugs:	How often?	Drug Name:	
Exercise:	How often?	Type Of Exercise:	
Type Of Diet:			